

Defecto – Hospitality Rider

To ensure the comfort and well-being of the band, we kindly request the following items to be available upon arrival and after sound check. These provisions help us deliver the best performance possible and are deeply appreciated.

Backstage Snacks & Drinks (Upon Arrival)

- Mixed snacks including assorted nuts, potato chips, and a variety of fresh fruits.
- A selection of diet-friendly soft drinks, preferably:
 - Pepsi Max (NOT Coca-Cola Zero)
 - Sprite Zero
- 12 beers – a balanced mix of wheat and regular lagers.
- 12 bottles of still water (500ml).
- 4 clean towels for post-show use.

Post Sound Check Meal

A healthy, balanced meal for six (6) people, with a little extra to accommodate crew if needed.

The meal should be rich in proteins and vegetables, but light on carbohydrates (please avoid heavy pasta, rice, or bread-based dishes).

Examples of preferred options include grilled chicken or fish with salads, steamed vegetables, or similar nutritious choices.

Thank you for your hospitality and attention to detail. These arrangements help us stay energized and focused throughout the day.